



Sex In The Dark

In this interactive Q&A session, attendees will drive the conversation using smartphone-enabled technology. Drawing on personal experience, their anonymous questions and commentary will reveal the hottest topics, trends and concerns related to sex, love and relationships. Dr. Jess will guide the discussion, provide context and ensure that students laugh, learn and leave with a boost in sexual self-esteem.

The Truth About Sex in College/University

In this fun and educational session, Dr. Jess will reveal the top ten trends for college-aged students and provide insight into how you can use this information to nourish your relationship. This program is well-suited to auditorium audiences and pub night crowds alike.

All About Her

From anatomy and hormones to orgasm and ejaculation, this session provides a roadmap to female sexual empowerment and pleasure. Schools can opt to include female-identified or open audiences at their discretion.

All About Him

The new male sexuality defies gender norms and acknowledges that complexity is not gender-specific. In this session, Dr. Jess will address the science of sex and pleasure for male-identified students.

Hotter, Safer Sex

This safer sex session is unlike any other, as it emphasizes both safety and pleasure. Students will leave with the information, context and motivation to enact safer sex behaviours as well as an arsenal of Dr. Jess' top tips and techniques to heighten pleasure.

Designer Relationships

Millenials are no longer rushing into marriage and child-rearing and research suggests that this so-called trend is here to stay. Whether you want to settle down with your soulmate and build a family or navigate an open relationship with several partners across the globe, Dr. Jess will support you in examining the infinite range of relationship options that have the potential to lead to happily ever after.

Sexual Compatibility

Relationships dissolve for a range of reasons, but sexual compatibility tops the list, as it's essential to a lasting, happy relationships. In this session, we'll explore creative ways to evaluate, cultivate and maintain sexual compatibility in the long-run.